



PREMIUM  
ECONOMY  
CLASS



*dinner*

indian selection

*Appetiser*

Makkai Kala Channa Sundal  
Marinated chickpea salad

*Main Course*

*P* Lauki Dal, Teen Subzi, Saada Pulao  
Marrow vegetable with lentil, vegetable curry and basmati  
rice

*Dessert*

Premium Ice Cream

*From The Bakery*

Bread Roll and Butter

*Hot Beverage*

Coffee and Tea

*P* Specially prepared vegetarian choice

Please accept our apologies if your choice of meal is not available



*Should you fancy a snack or something more substantial in between  
your meals, simply make your selection known to us anytime.*

## *delectables*

### ***Sandwiches***



Warmed Vegetarian Snack

Beef Pastrami and Hot Dog Relish Mayonnaise

In a soft roll

Croissant with Chicken Tikka and **Cucumber Raita**

### ***Snacks***

Peas and Crackers

Muffins

Chips

Trail Mix

Fresh Fruits



*Specially prepared vegetarian choice*

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SINGAPORE TO  
SAN FRANCISCO

*lunch*

international selection

**Main Course**

Pan Fried Fish Fillet with Creamy Seeded Mustard Sauce  
Sautéed vegetables and mashed potatoes  
Braised Egg Noodles with Black Pepper Chicken  
And oyster sauce

**Dessert**

Grand Cru Dark Chocolate Cremeux

**From The Bakery**

Bread Roll and Butter

**Hot Beverage**

Coffee and Tea

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50034 (008-8US-LOS)-213CL

SINGAPORE TO  
SAN FRANCISCO

*lunch*

indian selection

**Main Course**

☞ Hara Moong Dal, Makhanwalla and Jeera Pulao  
Braised green moong dal, mixed vegetables with buttered  
tomato gravy and cumin flavored rice

**Dessert**

Grand Cru Dark Chocolate Cremeux

**From The Bakery**

Bread Roll and Butter

**Hot Beverage**

Coffee and Tea

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*dinner*

international selection

***Appetiser***

Smoked Salmon  
With Coleslaw Salad

***Main Course***



Rosemary Braised leg of Lamb  
Sweet potato-spinach hash, sauteed mushrooms and parsley  
Marcona gremolata

224. 9. 26. 10. 379

Key: Calories . Carb(g) . Protein(g) . Fat(g) . Sodium(mg)  
(tr-trace)

Stir Fried Kung Pao Chicken  
With sautéed vegetables and fried rice

***Dessert***

***From The Bakery***

Bread Roll and Butter

***Hot Beverage***

Coffee and Tea



*A simple and joyful wellness selection created by Canyon Ranch®, an industry-leading proponent of the wellness lifestyle living for nearly 40 years. Please accept our apologies if your choice of meal is not available*

*dinner*

indian selection

- |                               |            |  |
|-------------------------------|------------|--|
| <b><i>Appetiser</i></b>       | •          | Mixed Salad with Dressing  |
| <b><i>Main Course</i></b>     | • <i>P</i> | Palak Paneer, Channa Masala, Sabzi Pulao<br>Melange of cottage cheese with spinach, chick peas with<br>masala spice served with vegetables with rice |
| <b><i>Dessert</i></b>         | •          | Haagen Dazs Ice Cream  |
| <b><i>From The Bakery</i></b> | •          | Bread Roll and Butter  |
| <b><i>Hot Beverage</i></b>    | •          | Coffee and Tea   |

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## *delectables*

### ***Sandwiches***

Pizza Quattro Formaggi

Four cheese pizza

Multigrain Bread

With jerk chicken, tomato, honey mustard mayonnaise and lettuce

Ciabatta with Tuna Mayonnaise

### ***Snacks***

Peas and Crackers

Hershey's Cookies and Cream Bar

Original Sun Chips

Milano Cookies

Fresh Fruits

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## *before touch down*

- Fruit** ● Seasonal Fresh Fruit
- Main Course** ● Selection of Dim Sum  
Pan fried radish cake, shrimp dumpling and pork siew mai  
Scrambled Egg with Cheese  
Served With chicken sausage, tomato and potato
- *P* Sabzi Paratha, Poha, Aloo Tomatar Subzi  
Stuffed Indian style bread with vegetables, flatted rice with  
spices, potato and tomato stew  
Served with curd and pickles
- From The Bakery** ● Bread Roll and Butter
- Hot Beverage** ● Coffee and Tea

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